

HEALTH-COVID19

Survey Language

To change language, use the menu button on the top-right (three dots).

Para cambiar el idioma, use el menú arriba a la derecha (tres puntos).

COVID19 Survey

Imprint

Information according to § 5 TMG

HEDERA Sustainable Solutions GmbH

Contact:

Am Mühlenberg 11
14476 Potsdam
+49 (0)178 1028684

E-Mail: contact@hedera.online

Represented by: Dr.-Ing. Nathalia Realpe Carrillo

Place of registration: Local Court Potsdam

Registration number: HRB 33498 P

VAT: 046 / 110 / 06417

Web: hedera.online

Email: contact@hedera.online

Disclaimer

This app should not be used as a substitute for clinical diagnostics or medical treatment by a physician.

The app is meant to improve the procedures at hospitals, health centres, and other supporting organizations to conduct tests in connection with the novel Coronavirus SARS-CoV-2. The survey consists of questions about your symptoms, health, travels, and contact with others.

It provides information on the patient's status, supporting doctors' decision-making processes and, thus, optimizing patient flow.

Your data will not be shared with third parties without your authorization.

Further info can be found in our privacy statements here:

By using the app, you agree to the terms available here: in development

The recommendations provided in this app are provided through an algorithm and are not intended as medical advice. They should not be treated as a diagnosis or medical treatment.

IMPORTANT: If you are currently feeling seriously ill, please immediately contact a physician. IN THE EVENT OF A MEDICAL EMERGENCY, PLEASE CALL EMERGENCY SERVICES.

Important

Call your national emergency number if you feel:

- Extreme difficulty breathing*
 - Constant chest pain or pressure*
 - Severe, constant dizziness or lightheadedness*
 - Difficulty waking up*
 - Slurred speech*
-

Record GPS coordinates

*Press "Save" when the "Precision" value is less than 200 m.
If the recording takes too long, try moving to any of the windows of your residence.*

latitude (x.y °)

longitude (x.y °)

altitude (m)

accuracy (m)



Record current date

Please enter the date

yyyy-mm-dd

Age

- 10-19
- 20-29
- 30-39
- 40-49
- 50-59
- 60-69
- 70-79
- 80+

Number of people living with you

Fields of work

- Medical field
- Provision of basic services (water, energy, waste management, transportation, etc.)
- In a community facility (school, day care center, university, home, etc.)
- In an office. Currently doing home-office
- No, none of the above. I usually work at home.
- No, none of the above. In different places and mainly outdoors.

Current health status

Select all that apply

- Active (regular or occasional) smoker
- Pregnant
- Taking steroids
- Taking immunosuppressants (after organ transplant)
- Taking immunosuppressants (in therapy for an autoimmune disease)
- Taking immunosuppressants (during chemotherapy)
- Vaccinated against flu after October 2019
- None of the above

Chronic diseases

Select all that apply

- Asthma
- Pneumonia
- Other chronic lung disease
- Rhinitis
- Diabetes
- Obesity
- Hypertension
- Heart disease
- Kidney disease
- None of the above

Acute diseases

Select all that apply

- Acute bronchitis
- Conjunctivitis
- Bone fracture
- Appendicitis
- Stomach flu
- Acute urticaria
- Asthma crisis
- Burns
- Acute myocardial infarction
- Acute disseminated encephalomyelitis
- Acute lymphoblastic leukemia
- None of the above

Contact with others in the last 14 days

- I have been mostly at home
- I have been going to work (cannot do home-office)
- I have been using public transportation
- I have been in public spaces with several people

Travels in the past 4 weeks

- No travel in the past 30 days
- Travel inside the country, with no identified COVID-19 areas at that point
- Visited areas (abroad) where COVID-19 was already widespread
- Visited areas (abroad) where COVID-19 was not already widespread

Date of return

Please enter the date

yyyy-mm-dd

Places visited

Recent contact with confirmed case

Close contact definition:

- Living in the same household
- Being with or face-to-face within 2 meters (for more than 15 minutes)
- Touching
- Shaking hands
- Kissing
- Contact with or exchange of body fluids

- Yes
- No

Date of last contact with confirmed case

Please enter the date

yyyy-mm-dd

Recent contact with suspected case with symptoms (fever, cough, problems breathing) or who had contact with a verified case or recently travelled abroad

A suspected case is a person who currently has fever, cough, or problems breathing and who had contact with a verified case or who has been in a region with many cases of Coronavirus infections.

Close contact definition:

- Living in the same household
- Being with or face-to-face within 2 meters (for more than 15 minutes)
- Touching
- Shaking hands
- Kissing
- Contact with or exchange of body fluids

Yes

No

Date of last contact with suspected case

Please enter the date

yyyy-mm-dd

Symptoms

Select all that apply

- Fever (temperature above 38°C) in the past 24 hrs
- Fever (temperature above 38°C) in the past 5 days
- Chills
- Sweating
- Cough
- Sore throat
- Easily out of breath
- Limb pain
- Exhausted, tired
- Headache
- General ache throughout the body
- Vomit
- Diarrhea
- Loss of ability to taste / smell
- None of the above

What was the highest temperature, approx.?

- Under 38 °C
- 38.0 - 38.9°C
- 39.0 - 39.9 °C
- 40.0 - 40.9 °C
- 41.0 - 41.9 °C
- Above 42 °C
- High, though unable to measure it

» Recommendation

YOU DO NOT NEED TO GO TO A HEALTH CENTER OR GET TESTED.

If there are no symptoms, you do not need medical attention or the test.

Recommendation:

Avoid close contact with everyone and all contact with people with respiratory infections.

Wash your hands frequently with soap and water for at least 20 seconds before and after providing care, preparing food, using the bathroom, and touching surfaces in public places.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

Keep your hands away from your face: avoid touching your eyes, nose, and mouth.

Clean frequently touched surfaces in your home often, including mobility and medical equipment used by your loved ones, such as walkers, canes, and handrails using a regular household cleaning spray or wipe.

YOU DO NOT NEED TO GO TO A HEALTH CENTER OR GET TESTED.

As you are in the high-risk group, be wary of any symptoms might appear.

If you develop symptoms such as cough, fever, or shortness of breath, call your family doctor, nurse helpline, or urgent care facility.

Ask for assistance whenever needed.

Recommendation:

Avoid close contact with everyone and all contact with people with respiratory infections.

Wash your hands frequently with soap and water for at least 20 seconds before and after providing care, preparing food, using the bathroom, and touching surfaces in public places.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

Keep your hands away from your face: Avoid touching your eyes, nose, and mouth.

Clean frequently touched surfaces in your home often, including mobility and medical equipment used by your loved ones, such as walkers, canes, and handrails using a regular household cleaning spray or wipe.

YOU DO NOT NEED TO GO TO A HEALTH CENTER OR GET TESTED.

However, your symptoms are associated with the new coronavirus COVID-19.

Reach out to / contact your family members and close acquaintances to inform them and have them monitor possible symptom development.

Recommendation: **Quarantine - HOME ISOLATION**

Recommendation:

Avoid close contact with everyone and all contact with people with respiratory infections.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have tissues do so into the bend of your elbow.

Wash your hands frequently with soap and water for at least 20 seconds before and after providing care, preparing food, using the bathroom, and touching surfaces in public places.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

Keep your hands away from your face: Avoid touching your eyes, nose, and mouth.

Clean frequently touched surfaces in your home often, including mobility and medical equipment used by your loved ones, such as walkers, canes, and handrails using a regular household cleaning spray or wipe.

YOU DO NOT NEED TO GO TO A HEALTH CENTER OR GET TESTED.

Since you have had contact with a suspected or confirmed case, please be on the lookout for symptoms such as cough, fever, and respiratory distress. In most cases, they appear within 5 days after exposure.

Recommendation: **Quarantine - HOME ISOLATION**

Recommendation:

Reach out to / contact your family members and close acquaintances to inform them and have them monitor possible symptom development.

Avoid close contact with everyone and all contact with people with respiratory infections.

Wash your hands frequently with soap and water for at least 20 seconds before and after providing care, preparing food, using the bathroom, and touching surfaces in public places.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have tissues do so into the bend of your elbow.

Keep your hands away from your face: avoid touching your eyes, nose, and mouth.

Clean frequently touched surfaces in your home often, including mobility and medical equipment used by your loved ones, such as walkers, canes, and handrails using a regular household cleaning spray or wipe.

YOU DO NOT NEED TO GO TO A HEALTH CENTER OR GET TESTED.

Since you have had contact with a confirmed case, please be on the lookout for symptoms such as cough, fever, and respiratory distress. In most cases, they appear within 5 days after exposure.

Recommendation: **Quarantine - HOME ISOLATION**

Recommendation:

Reach out to / contact your family members and close acquaintances to inform them and have them monitor possible symptom development.

Avoid close contact with everyone and all contact with people with respiratory infections.

Wash your hands frequently with soap and water for at least 20 seconds before and after providing care, preparing food, using the bathroom, and touching surfaces in public places.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have tissues do so into the bend of your elbow.

Keep your hands away from your face: avoid touching your eyes, nose, and mouth.

Clean frequently touched surfaces in your home often, including mobility and medical equipment used by your loved ones, such as walkers, canes, and handrails using a regular household cleaning spray or wipe.

YOU DO NOT NEED TO GO TO A HEALTH CENTER OR GET TESTED.

Since you have had contact with a suspected or confirmed case, please be on the lookout for symptoms such as cough, fever, and respiratory distress. In most cases, they appear within 5 days after exposure.

Recommendation: **Quarantine - HOME ISOLATION**

Recommendation:

Reach out to / contact your family members and close acquaintances to inform them and have them monitor possible symptom development.

Avoid close contact with everyone or any social gathering.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have tissues do so into the bend of your elbow.

Keep your hands away from your face: avoid touching your eyes, nose, and mouth.

Wash your hands frequently with soap and water for at least 20 seconds before and after providing care, preparing food, using the bathroom, and touching surfaces in public places.

If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.

Clean frequently touched surfaces in your home often, including mobility and medical equipment used by your loved ones, such as walkers, canes, and handrails using a regular household cleaning spray or wipe.

YOU NEED TO HAVE A TELEPHONE CONSULTATION WITH A MEDICAL PROFESSIONAL.

Your symptoms are associated with the new coronavirus COVID-19. You need to have a consultation with a medical professional.

Reach out to / contact your family members and close acquaintances to inform them and have them monitor possible symptom development.

Recommendation:

Avoid close contact with everyone or any social gathering.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash. If you do not have tissues do so into the bend of your elbow.

Clean frequently touched surfaces in your home often, including mobility and medical equipment used by your loved ones, such as walkers, canes, and handrails using a regular household cleaning spray or wipe.

In any case, would you like to be contacted by a health assistant via telephone?

Yes

No

Do you want to be contacted by a health assistant via telephone?

Yes

No

Do you accept the terms of use of the telephone consultation?

In order to support healthcare management in the suspected presence of COVID-19, in the current context of the pandemic generated, a follow-up telephone consultation will be made.

It is necessary to avoid unnecessary transfers to emergency services or health facilities. In this way, the telephone consultation aims to guide and orient people regarding the coronavirus.

You give your permission to be attended to by a health professional through the telephone consultation modality and authorize the handling of your data by competent professionals. The data will be used for statistical and epidemiological purposes, as well as for the abovementioned telephone consultation.

The information provided by the professional must be complemented by a consultation with a doctor in person and, in the cases that require a coronavirus test, carried out in accredited establishments.

You are responsible for providing all the information that the medical professional requests, to facilitate the clinical orientation process. This service does not replace the face-to-face consultation, and the clinical examination must be carried out by a certified medical professional.

Yes

No

» Personal Data

First name(s) _____

Last name(s) _____

Sex

Male

Female

Other

Date of birth

yyyy-mm-dd

Neighborhood _____

Address _____

City _____

ID Number _____

E-mail _____

Telephone
